



## THE PEMBROKE BREAKFAST

### BEVERAGES

Freshly Brewed Coffee  
(Regular or Decaffeinated) 11  
Cappuccino, Latte 11  
Espresso 10  
Selection of Teas 11  
Hot or Cold Milk 10  
Hot Chocolate 11  
Choice of Freshly Squeezed  
Orange or Grapefruit 13  
Green Juice 16  
Tomato, V8 or Cranberry Juice 10

### SMOOTHIES

Mixed Berries, Bananas & Yogurt 17  
Almond Milk, Date & Banana 17  
Mango & Yogurt 17

### CONTINENTAL BREAKFAST 39

Choice of Orange or Grapefruit Juice  
Basket of Assorted Breakfast Pastries  
Vermont Butter, Imported  
Marmalades & Honey  
Freshly Brewed Coffee or  
Hand-Picked Teas

### THE FULL AMERICAN BREAKFAST 48

Choice of Orange or Grapefruit Juice  
Two Eggs Prepared to Your Liking with  
Applewood Smoked Bacon, Pork Sausage or  
Chicken Apple Sausage  
Your choice of Toast, Vermont Butter.  
Imported Marmalades & Honey  
Freshly Brewed Coffee or  
Hand-Picked Teas

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### FRESH FRUIT & YOGURT

Organic Low-Fat Yogurt 12 with Bananas 18 or Berries 19  
Bowl of Seasonal Berries 18  
Ruby Red Grapefruit 14 Seasonal Melon 16  
Sliced Fruit & Berries Plate 24  
Sliced Black Forest Ham & Artisan Cheeses served with Baguette &  
Bread Rolls 38

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### CEREALS & GRAINS

Selection of Dry Cereals with Choice of Milk 12  
With Bananas or Berries 20  
Irish Oatmeal 17 with Bananas 19 with Berries 20  
Granola or Bircher Muesli with Bananas, Berries & Yogurt 22

## CHEF'S SPECIALTIES

Three Fresh Organic Eggs Omelet 24 with Egg Whites 26  
*Choice of Fillings: Peppers, Mushrooms, Ham, Onions, Spinach, Tomatoes, Salmon,  
American Cheese, Swiss Cheese, Cheddar Cheese 5 each*

The Royal Benedict 32  
Canadian Bacon & Sauce Hollandaise on an English Muffin

Avocado Toast  
On Country Bread with Sunflower Seeds 22  
Topped with Your Choice of Eggs 26

New York Bagel with Smoked Salmon and Cream Cheese 31  
*Plain, Sesame, Everything or Whole Wheat*

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## PANCAKES AND FRENCH TOAST

*Served with Vermont Butter and Maple Syrup  
(Gluten free option available)*

Old Fashioned Buttermilk Pancakes 25  
Blueberry, Chocolate Chip or Mixed Berry Pancakes 28  
Brioche French Toast with Mixed Berries or Bananas 28

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## BAKERY

*Served with Vermont Butter, Artisan Marmalades and Honey*  
Toast Basket – Seven Grain ● Whole Wheat ● White ● Rye 10  
Gluten free toast– Toasted English Muffin –10  
  
Almond Croissants – Pain au Chocolat – Danish Pastries –12  
Basket of Assorted Breads and Breakfast Pastries 21

Toasted Bagel 12 with Cream Cheese 16  
*Plain, Sesame, Everything or Whole Wheat*



## SIDES

Virginia Ham 11  
Applewood Smoked Bacon 11  
Pork or Chicken Apple Sausage 11  
Canadian Bacon 11