# THE PEMBROKE BREAKFAST

# BEVERAGES

Freshly Brewed Coffee (Regular or Decaffeinated) 11 Cappuccino, Latte 11 Espresso 10

Selection of Teas 11

Hot or Cold Milk 10

Hot Chocolate 11

Choice of Freshly Squeezed Orange or Grapefruit 13

Green Juice 16

Tomato, V8 or Cranberry Juice 10

# SMOOTHIES

Mixed Berries, Bananas & Yogurt 17 Almond Milk, Date & Banana 17 Mango & Yogurt 17

#### CONTINENTAL BREAKFAST 39

Choice of Orange or Grapefruit Juice Basket of Assorted Breakfast Pastries Vermont Butter, Imported Marmalades & Honey Freshly Brewed Coffee or Hand-Picked Teas

#### THEFULL AMERICAN BREAKFAST 48

Choice of Orange or Grapefruit Juice Two Eggs Prepared to Your Liking with Applewood Smoked Bacon, Pork Sausage or Chicken Apple Sausage Your choice of Toast, Vermont Butter. Imported Marmalades & Honey Freshly Brewed Coffee or Hand- Picked Teas

#### FRESH FRUIT & YOGURT

Organic Low-Fat Yogurt 12 with Bananas 18 or Berries 19 Bowl of Seasonal Berries 18 Ruby Red Grapefruit 14 Seasonal Melon 16 Sliced Fruit & Berries Plate 24 Sliced Black Forest Ham & Artisan Cheeses served with Baguette & Bread Rolls 38

# CEREALS & GRAINS

Selection of Dry Cereals with Choice of Milk 12 With Bananas or Berries 20 Irish Oatmeal 17 with Bananas 19 with Berries 20 Granola or Bircher Muesli with Bananas, Berries & Yogurt 22

### CHEF'SSPECIALTIES

Three Fresh Organic Eggs Omelet 24 with Egg Whites 26 Choice of Fillings: Peppers, Mushrooms, Ham, Onions, Spinach, Tomatoes, Salmon, American Cheese, Swiss Cheese, Cheddar Cheese 5 each

The Royal Benedict 32

Canadian Bacon & Sauce Hollandaise on an English Muffin

Avocado Toast

On Country Bread with Sunflower Seeds 22

Topped with Your Choice of Eggs 26

New York Bagel with Smoked Salmon and Cream Cheese 31 Plain, Sesame, Everything or Whole Wheat

PANCAKES AND FRENCH TOAST

Served with Vermont Butter and Maple Syrup (Gluten free option available)

Old Fashioned Buttermilk Pancakes 25 Blueberry, Chocolate Chip or Mixed Berry Pancakes 28 Brioche French Toast with Mixed Berries or Bananas 28

#### BAKERY

Served with Vermont Butter, Artisan Marmalades and Honey

Toast Basket – Seven Grain • Whole Wheat • White • Rye 10 Gluten free toast– Toasted English Muffin –10

Almond Croissants – Pain au Chocolat – Danish Pastries –12 Basket of Assorted Breads and Breakfast Pastries 21

> Toasted Bagel 12 with Cream Cheese 16 Plain, Sesame, Everything or Whole Wheat

#### SIDES

Virginia Ham II Applewood Smoked Bacon II Pork or Chicken Apple Sausage II Canadian Bacon II