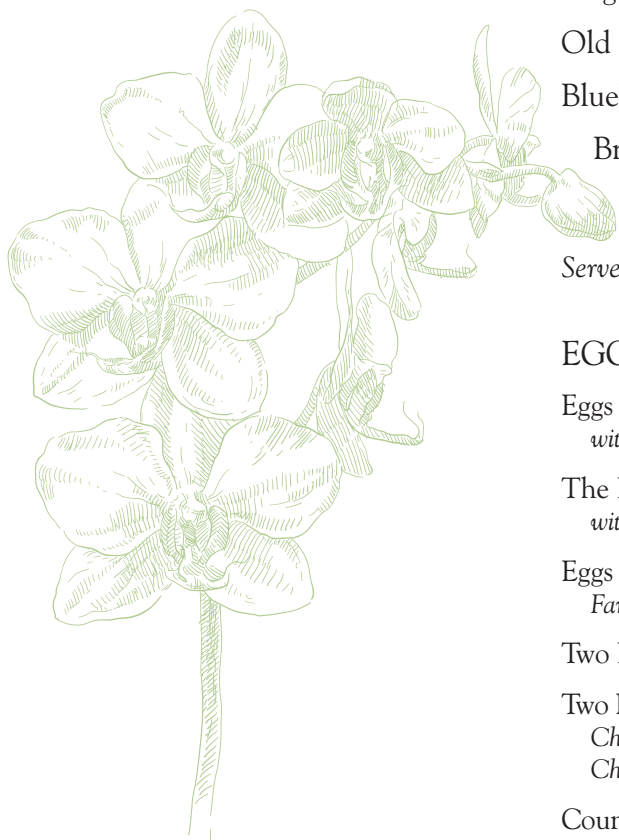


THE PEMBROKE BREAKFAST

*“Eat breakfast like a king,
lunch like a prince, and
dinner like a pauper.”*

—
Adelle Davis
(1904-1974)

AN AMERICAN PIONEER IN
THE FLEDGLING FIELD OF NUTRITION



CONTINENTAL BREAKFAST 34

Choice of Freshly Squeezed Juices
Basket of Assorted Breakfast Pastries and Breads
Sweet Butter, Imported Jams, Marmalade and Honey
Hot Chocolate, Freshly Brewed Coffee or Hand-Picked Teas

THE BRAZILIAN BREAKFAST 36

Served with Acai Berry Juice and Greek Yogurt
Artisan Ham and Cheese Platter served with Freshly made Cheese Rolls
Served with Baguette, French Butter, Imported Jams, Marmalade and Honey
Freshly Brewed Coffee, Hand-Picked Teas or Hot Chocolate

THE HEALTHY OPTION 36

Choice of Freshly Squeezed Juices
Mixed Fruit Salad with a hint of Madagascar Vanilla Bean
Multi-Grain Rolls, Imported Jams, Marmalade and Honey
Freshly Brewed Coffee or Hand-Selected Tea

FULL AMERICAN BREAKFAST 38

Choice of Freshly Squeezed Juices
Two Eggs Prepared to Your Liking with Applewood Smoked Bacon or Sausages
Your choice of Toast, French, Butter, Imported Jams, Marmalade and Honey
Freshly Brewed Coffee, Hand-Picked Teas or Hot Chocolate

WAFFLES AND PANCAKES

Belgian Waffles 18

Old Fashioned Buttermilk or Whole Wheat Griddlecakes 18

Blueberry, Chocolate Chip or Mixed Berry Griddlecakes 21

Brioche French Toast with Berries or Bananas 19

Pumpkin Pancakes with Cinnamon Maple Syrup 20

Served with Butter and Maple Syrup

EGG SPECIALTIES

Eggs Royal Benedict 26

with Canadian Bacon, Shaved Truffle and Sauce Hollandaise on a toasted English Muffin

The Lowell Benedict 28

with Artisan Smoked Salmon and Vine-Ripe Tomato on a toasted English Muffin

Eggs Isabella 31

Farm Eggs Scrambled Soft with Truffle, Served In-Shell with Caviar

Two Fresh Organic Eggs Prepared to Order 17

Two Eggs with a Side 20

*Choice of Virginia Ham, Applewood Smoked Bacon, Turkey Bacon, Breakfast Sausage,
Chicken Apple Sausage, or Canadian Bacon*

Country Omelet with Black Forest Ham and Vermont Cheddar Cheese 22

Mediterranean Omelet with Feta Cheese, Tomatoes and Chives 23

Egg White Omelet 19

Extra Fillings 3/each

FRESH FRUIT, YOGURTS AND CHEESE

- Ruby Red Grapefruit 11
- Seasonal Melon 12
- Sliced Pineapple 13
- Papaya or Mango 13
- Bowl of Seasonal Berries 15
- Fruit Salad with a hint of Madagascar Vanilla Bean 15
- Seasonal Sliced Fruit and Berry Plate 19
- Stewed Prunes 9
- Organic Low-Fat Yogurt 9
- Organic Low-Fat Yogurt with Fresh Fruits 16
- Thinly sliced Black Forest Ham and Artisan Cheeses 27
 - Served with Baguette and Breads*

CEREALS

- Selection of Dry Cereals with Choice of Milk or Cream 10
 - with Seasonal Berries 14
 - with Sliced Bananas 12
- Irish Oatmeal, Spiced Oatmeal or Cream of Wheat 13
 - with Seasonal Berries 15
 - with Sliced Bananas 15
 - with Diced Apples, Pears and Cranberries 15
- All served with Soy, Almond Milk, or Cream, Golden Raisins and Brown Sugar*
- Granola or Swiss Muesli, with Banana, Berries, Yogurt and Honey 17

ASSORTED FRESHLY PREPARED BREADS AND BREAKFAST PASTRIES

Served with Sweet Butter, Imported Jams, Marmalade and Honey

- Basket of Toast 7
 - Seven Grain, Whole Wheat, White or Rye*
- Croissants, Toasted English Muffin, Raisin Nut Roll, Assorted Muffins 8
- Almond Croissants, Pain au Chocolat, Brioche, Danish Pastries, Scones 9
- Toasted Bagel 8
- Toasted Bagel with Cream Cheese 10
 - Choice of Wheat, Plain or Sesame*
- Basket of Assorted Breads and Breakfast Pastries 15
- New York Bagel with Smoked Salmon and Cream Cheese 22

SIDES 10

- Choice of:* Virginia Ham,
Applewood Smoked Bacon,
Turkey Bacon, Breakfast Sausage,
Chicken Apple Sausage,
Linguica Sausage, Canadian Bacon,
Hash-Brown Potatoes



BEVERAGES

- Freshly Brewed Lavazza Coffee (Regular or Decaffeinated) 10
- Cappuccino, Café au Lait 10
- Espresso 9
- Selection of Exquisite Teas 10
- Hot or Cold Milk 9
- Hot Chocolate 10
- Choice of* Freshly Squeezed Orange, Grapefruit, or Carrot Juice 12
- Freshly Squeezed Melon or Pineapple Juice 15
- Pineapple, Apricot, Tomato, V8 or Cranberry Juice 9
- Fresh Fruit and Yogurt Smoothie 15

Local Sales Tax and Gratuity are additional.