

The Lowell

NEW YORK

The Pembroke Breakfast

"Eat breakfast like a king, lunch like a prince, and dinner like a pauper."

Adelle Davis (1904-1974)

an American pioneer in the fledgling field of nutrition

Continental Breakfast 30

Choice of Freshly Squeezed Juices

Basket of Assorted Breakfast Pastries & Breads

Sweet Butter, Imported Jams, Marmalade & Honey

Freshly Brewed La Colombe Coffee, Hand-Selected Teas or Hot Chocolate

Full English Breakfast 38

Choice of Freshly Squeezed Juices

Eggs Cooked to Your Liking with Apple wood Smoked Bacon,

Traditional Bangers, Grilled Tomato & Mushrooms

English Muffins, Sweet Butter, Imported Jams, Marmalade & Honey

Freshly Brewed La Colombe Coffee, Hand-Selected Teas or Hot Chocolate

The Healthy Option 32

Choice of Freshly Squeezed Juices

Mixed Fruit Salad with a hint of Madagascar Vanilla Bean

Seven-Grain Rolls, Imported Jams, Marmalade & Honey

Freshly Brewed La Colombe Coffee or Hand-Selected Tea

WAFFLES AND PANCAKES

Belgian Waffle with Mixed Berries 20

Brioche French Toast with Cinnamon-spiced Apple Peach compote 20

Blueberry, Chocolate Chip or Mixed Berry Griddlecakes 18

Old fashioned Buttermilk Griddlecakes 16

Served with Butter & Maple Syrup

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EGG SPECIALTIES

Eggs Royal Benedict 25

with Canadian Bacon, Shaved Truffle and Sauce Hollandaise on a toasted English Muffin

The Lowell Benedict 27

with Artisan Smoked Salmon and Vine-Ripe Tomato

Eggs Isabella 30

Farm Eggs Scrambled Soft with Truffle, Served In-Shell with Caviar

Two Fresh Organic Eggs Prepared to Order 13

Two Eggs with a Choice of Virginia Ham, Apple wood Smoked Bacon, 19
Rosemary Sausage Patties, Chicken Apple Sausage, or Canadian Bacon

Country Omelet with Black Forest Ham and Vermont Cheddar Cheese 19

Mediterranean Omelet with Goat Cheese and Fine Herbs 19

Egg white Omelet 17

Extra Filling 3/each

SIDES 9

Choice of Virginia Ham, Apple wood Smoked Bacon,
Rosemary Sausage Patties, Chicken Apple Sausage, or Canadian Bacon
Breakfast Potato or Hash-Brown Potato

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FRESH FRUIT, YOGURTS AND CHEESE

Ruby Red Grapefruit 9

Seasonal Melon 9

Sliced Pineapple 10

Papaya or Mango 12

Bowl of Seasonal Berries 15

Fruit Salad with a hint of Madagascar Vanilla Bean 12

Seasonal Sliced Fruit & Berry Plate 18

Stewed Prunes 8

Organic Low-Fat Yogurt 6

Organic Low-Fat Yogurt with Fresh Fruits 10

*Thinly sliced Parma ham & Artisan Cheeses 27
served with Baguette & Breads*

CEREALS

Selection of Dry Cereals with Choice of Milk or Cream 8

with Seasonal Berries 12

with Sliced Bananas 10

Irish Oatmeal, Spiced Oatmeal or Cream of Wheat 11

with Seasonal Berries or Champagne Peach Compote 14

with Sliced Bananas 12

all served with Milk or Cream, Golden Raisins and Brown Sugar

Granola or Swiss Muesli, with Banana, Berries, Yogurt & Honey 15

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ASSORTED FRESHLY PREPARED BREADS AND BREAKFAST PASTRIES

Served with Sweet Butter, Imported Jams, Marmalade & Honey

Basket of Toast Triangles 6
Seven Grain, Whole Wheat, White or Rye

Croissant, Almond Croissant, Pains au Chocolate, Brioche, Danish Pastries 8
Toasted English Muffins, Scones
Seven Grain, Raisin Nut Rolls, Assorted Muffins

Toasted Bagel 7
Toasted Bagel with Cream Cheese 8
Choice of Wheat, Plain or Sesame

Basket of Assorted Breads & Breakfast Pastries 14

New York Bagel with Smoked Salmon and Cream Cheese 17

BEVERAGES

Freshly Brewed (Regular or Decaffeinated) 8

Espresso, Cappuccino, Café au Lait 8

Selection of Fine Exquisite Lowell Blended Teas 8

Hot or Cold Milk 5 Hot Chocolate 8

Choice of Fresh Squeezed Orange, Grapefruit, Melon, Pineapple or Carrot Juice 10

Pineapple, Apricot, Tomato, V8 or Cranberry Juice 8

Fresh Fruit Smoothie 14